

Associated Surgical Group, S.C.
7303 N. Knoxville Avenue Peoria, Illinois 61614
Telephone: #(309) 691-4005 or #(888) 691-4005

INSTRUCTIONS FOR VEIN STRIPPING AND/OR LIGATION

1. Plan for a responsible adult to drive you home and stay with you for the first 24 hours after surgery.
2. Depending on the extent of surgery needed, this may be an outpatient procedure or you may be observed overnight.
3. Pain medication may be prescribed for the first few days. If you are having severe pain unrelieved by pain medication, please notify the office for further instructions. It is recommended that pain medication be taken with some food or crackers to avoid stomach upset. **DO NOT** drive any vehicle while taking prescription pain medication. When the pain begins decreasing, extra strength Tylenol or Ibuprofen (Advil/Motrin) may be substituted for prescription medications.
4. You will be sent home with an ACE wrap over dressings. These dressings should be removed daily and wounds inspected for redness and/or drainage. Swelling or bruising is common. If there are little strips of tape under dressings (steri-strips), **do not remove**. ACE dressings should be re-wrapped daily before getting out of bed in the morning and whenever needed throughout day to keep snug and smooth.
5. A shower may be taken the day after surgery if you feel up to it. Direct shower spray away from wounds. Careful attention should be made to make sure the incision is dry, pat incisions gently after the shower with a towel.
6. Limit exercise to necessary walking the first day, then gradually increase length of time you are up and around. When you are resting, lie down and elevate your legs above the level of your heart to help decrease swelling.
7. Please call the office to schedule follow up care as instructed when you are discharged after surgery. The office hours are 8:30am until 5:00pm Monday-Thursday and 8:30am until 4:30pm on Friday. The office telephone is #(309) 691-4005 or #(888) 691-4005. If you are having problems after regular office hours the surgeon "on call" may be reached by calling the office, leaving a message and he will return your call.
8. Call the office to report the following:
 - *Temperature of 101 or greater
 - *Severe pain unrelieved by medication
 - *Redness, hardness or thick yellow or green drainage at suture line
 - *Increased swelling unrelieved by elevation, accompanied by leg pain.

General, Thoracic, Colon-Rectal, Vascular and Advanced Laparoscopic Surgery