

Associated Surgical Group, S.C.
7303 N. Knoxville Avenue Peoria, Illinois 61614
Telephone: #(309) 691-4005 or #(888) 691-4005

POST OP INSTRUCTIONS FOR FEMORAL POPLITEAL BYPASS SURGERY

COUMADIN: You may be discharged on a blood thinner called Coumadin. It is very important to have regular blood work called a “Protime” to regulate this. If you are not given instructions when you are discharged to have this blood work done, please call the office to arrange this.

WOUND CARE: Inspect wounds daily for redness, yellow drainage or swelling. Some swelling is to be expected. Keeping leg elevated whenever possible can help keep this to a minimum. If you have a temperature of 101 or more, redness around incisions, or yellow drainage please call the office. Clean wound with soap and water, rinse and pat dry. If you are having drainage, dressings should be changed as often as needed to keep incision and skin around incision clean and dry.

PAIN MEDS: Pain medication may be prescribed for the first few days. If you are having severe pain unrelieved by pain medication, please notify the office for further instructions. **DO NOT** drive any vehicle while taking prescription pain medication. It is recommended that pain medication be taken with some food or crackers to avoid stomach upset. When the pain begins decreasing, extra strength Tylenol or Ibuprofen (Advil/Motrin) may be substituted for prescription medications

BOWEL MOVEMENT: Drinking plenty of fluids and walking is recommended after surgery. Sometimes pain pills contribute to constipation. If you are feeling bloated or unable to have a bowel movement, 30cc of Milk of Magnesia may be tried.

ACTIVITY: Avoid lifting or strenuous activity; limit exercise to walking or necessary stair climbing.

APPOINTMENT: Please call the office to schedule follow up care as instructed when you are discharged after surgery. The office hours are 8:30am until 5:00pm Monday-Thursday and 8:30am until 4:30pm on Friday. The office telephone is #(309) 691-4005 or #(888) 691-4005 If you are having problems after regular office hours the surgeon “on call” may be reached by calling the office, leaving a message and he will return your call.

General, Thoracic, Colon-Rectal, Vascular and Advanced Laparoscopic Surgery