

Associated Surgical Group, S.C.
7303 N. Knoxville Avenue Peoria, Illinois 61614
Telephone: #(309) 691-4005 or #(888) 691-4005

EXCISION OF A PILONIDAL CYST

1. A pilonidal cyst often develops in the tail bone region of the skin. This usually arises from a hair follicle. Swelling and pain can occur when an abscess develops. This is treated by opening and draining the abscess. Once the abscess is healed, surgery is indicated to completely remove the pilonidal cyst cavity to prevent recurrence.
2. Pain medication may be prescribed for the first few days. If you are having severe pain unrelieved by pain medication, please notify the office for further instructions. **DO NOT** drive any vehicle while taking prescription pain medication. It is recommended that pain medication be taken with some food or crackers to avoid stomach upset. When the pain begins decreasing, extra strength Tylenol or Ibuprofen (Advil/Motrin) may be substituted for prescription medications
3. Gauze has been packed into the wound to control bleeding and allow the wound to heal from the inside out. This will need to be changed 1-2 times a day as instructed by the doctor. A family member or friend can be taught to do the packing changes for you at home. It is usually easiest to come to the office for the nurses to do the first packing change after surgery. Whoever will be doing the packing changes at home can be taught at this first visit. If you are having difficulty with dressing changes or you have any questions, please contact our office.
4. **DO NOT** apply any creams, ointments or salves to the wound.
5. Some bleeding, itching, and odor is normal during the healing of the wound. If you have excessive bleeding or drainage from the wound, please call the office.
6. Please call the office to schedule follow up care as instructed when you are discharged after surgery. The office hours are 8:30am until 5:00pm Monday-Thursday and 8:30am until 4:30pm on Friday. The office telephone is #(309) 691-4005 or #(888) 691-4005 If you are having problems after regular office hours the surgeon “on call” may be reached by calling the office, leaving a message and he will return your call.

General, Thoracic, Colon-Rectal, Vascular and Advanced Laparoscopic Surgery