

Associated Surgical Group, S.C.
7303 N. Knoxville Avenue Peoria, Illinois 61614
Telephone: #(309) 691-4005 or #(888) 691-4005

CAROTID SURGERY INSTRUCTIONS

- HOSPITAL STAY:** Following carotid surgery, you will stay in intensive care overnight for monitoring. You may be discharged the following day.
- DISCHARGE:** On the day of discharge, arrange for a responsible adult to drive you home and remain with you for the first 24 hours after release.
- WOUND CARE:** Little strips of tape (steri-strips) are usually on the neck incision. **DO NOT REMOVE** them. They should fall off on their own after a few days. Some swelling is to be expected, however, excessive swelling, redness or drainage from the incision line should be reported to the office.
- BATHING:** A shower may be taken as soon you feel up to it. Careful attention should be made to make sure incision is dry. Pat the incision gently with a towel to dry.
- PAIN:** Pain medication may be prescribed for the first few days. If you are having severe pain unrelieved by pain medication, please notify the office for further instructions. **DO NOT** drive any vehicle while taking prescription pain medication. It is recommended that pain medication be taken with some food or crackers to avoid stomach upset. When the pain begins decreasing, extra strength Tylenol or Ibuprofen (Advil/Motrin) may be substituted for prescription medications
- ACTIVITY:** Avoid lifting, straining, or strenuous activity. Walking is recommended.
- DIET:** You may resume previous diet after surgery if not nauseated. Soft diet may be more tolerable the first few days due to swelling.
- APPOINTMENT:** Please call the office to schedule follow up care as instructed when you are discharged after surgery. The office hours are 8:30am until 5:00pm Monday-Thursday and 8:30am until 4:30pm on Friday. The office telephone is #(309) 691-4005 or #(888) 691-4005 If you are having problems after regular office hours the surgeon "on call" may be reached by calling the office, leaving a message and he will return your call.

General, Thoracic, Colon-Rectal, Vascular and Advanced Laparoscopic Surgery