

Associated Surgical Group, S.C.
7303 N. Knoxville Avenue Peoria, Illinois 61614
Telephone: #(309) 691-4005 or #(888) 691-4005

POST OP INSTRUCTIONS FOR A BREAST BIOPSY

1. Please plan for a responsible adult to drive you home and stay with you for the first 24 hours after you are released from the hospital.
2. Pain medication may be prescribed for the first few days. If you are having severe pain unrelieved by pain medication, please notify the office for further instructions. **DO NOT** drive any vehicle while taking prescription pain medication. It is recommended that pain medication be taken with some food or crackers to avoid stomach upset. When the pain begins decreasing, extra strength Tylenol or Ibuprofen (Advil/Motrin) may be substituted for prescription medications.
3. Dressing and/or band-aids may be removed the day after surgery. If there are little strips of tape under the dressing (steri-strips), **DO NOT REMOVE**, they should fall off on their own after a few days. You should wear a good, supportive bra. It is recommended to wear a loose fitting button up shirt to the hospital for comfort.
4. **Length of stay:** This is an outpatient procedure. You will go home the same day.
5. **Bathing:** After the initial dressing is removed, you may shower. Careful attention should be made to make sure incision is dry (pat gently) after shower.
6. Wounds should be inspected daily after the initial dressing has been removed (Note: Swelling and bruising is common after surgery). Please call the office for any of the following: fever of 101 or higher, increased pain, warmth, drainage, swelling or redness at the incision site, chest pain, shortness of breath or excessive bleeding.
7. **Activity:** You may return to normal daily activities 1-2 days after surgery although care should be taken to avoid pulling or stress on incision line until it is healed.
8. Please call the office to schedule follow up care as instructed when you are discharged after surgery. The office hours are 8:30am until 5:00pm Monday-Thursday and 8:30am until 4:30pm on Friday. The office telephone is #(309) 691-4005 or #(888) 691-4005 If you are having problems after regular office hours the surgeon "on call" may be reached by calling the office, leaving a message and he will return your call.

General, Thoracic, Colon-Rectal, Vascular and Advanced Laparoscopic Surgery